

Pocket Guide to AC Bronze, AC Silver, AC Gold

How do you achieve a goal? Make sure it's realistic and specific, in writing, with a deadline... and make sure you have a plan!!

Earning your ACB, ACS, ACG is a realistic goal. Now just pick a completion date and use this guide as your plan. Make small, consistent progress, checkoff(x) your accomplishments and soon your goal will be a reality!!

<p>The Entertaining Speaker (226-A)</p> <table border="1"> <thead> <tr> <th></th> <th>Time Required (in minutes)</th> </tr> </thead> <tbody> <tr> <td>The Entertaining Speech</td> <td>5~7</td> </tr> <tr> <td>Resources For Entertainment</td> <td>5~7</td> </tr> <tr> <td>Make Them Laugh</td> <td>5~7</td> </tr> <tr> <td>A Dramatic Talk</td> <td>5~7</td> </tr> <tr> <td>Speaking After Dinner</td> <td>8~10</td> </tr> </tbody> </table>		Time Required (in minutes)	The Entertaining Speech	5~7	Resources For Entertainment	5~7	Make Them Laugh	5~7	A Dramatic Talk	5~7	Speaking After Dinner	8~10	<p>Speaking To Inform (226-B)</p> <table border="1"> <thead> <tr> <th></th> <th>Time Required (in minutes)</th> </tr> </thead> <tbody> <tr> <td>The Speech To Inform</td> <td>5~7</td> </tr> <tr> <td>Resources For Informing</td> <td>5~7</td> </tr> <tr> <td>The Demonstration Talk</td> <td>5~7</td> </tr> <tr> <td>A Fact-Finding Report</td> <td>5~7+ 3(QA)</td> </tr> <tr> <td>The Abstract Concept</td> <td>6~8</td> </tr> </tbody> </table>		Time Required (in minutes)	The Speech To Inform	5~7	Resources For Informing	5~7	The Demonstration Talk	5~7	A Fact-Finding Report	5~7+ 3(QA)	The Abstract Concept	6~8	<p>Public Relations (226-C)</p> <table border="1"> <thead> <tr> <th></th> <th>Time Required (in minutes)</th> </tr> </thead> <tbody> <tr> <td>The Goodwill Speech</td> <td>5~7</td> </tr> <tr> <td>The Radio Talk Show</td> <td>3~5+ 3(QA)</td> </tr> <tr> <td>The Persuasive Approach</td> <td>5~7</td> </tr> <tr> <td>Speaking Under Fire</td> <td>3~5 + 3(QA)</td> </tr> <tr> <td>The Crisis Management Speec</td> <td>4~6 + 5(QA)</td> </tr> </tbody> </table>		Time Required (in minutes)	The Goodwill Speech	5~7	The Radio Talk Show	3~5+ 3(QA)	The Persuasive Approach	5~7	Speaking Under Fire	3~5 + 3(QA)	The Crisis Management Speec	4~6 + 5(QA)	<p>The Discussion Leader (226-D)</p> <table border="1"> <thead> <tr> <th></th> <th>Time Required (in minutes)</th> </tr> </thead> <tbody> <tr> <td>The Seminar Solution</td> <td>20~30</td> </tr> <tr> <td>The Round Robin</td> <td>20~30</td> </tr> <tr> <td>Pilot A Panel</td> <td>30~40</td> </tr> <tr> <td>Make It Make-Believe</td> <td>20~30</td> </tr> <tr> <td>The Workshop Leader</td> <td>30~40</td> </tr> </tbody> </table>		Time Required (in minutes)	The Seminar Solution	20~30	The Round Robin	20~30	Pilot A Panel	30~40	Make It Make-Believe	20~30	The Workshop Leader	30~40	<p>Speciality Speeches (226-E)</p> <table border="1"> <thead> <tr> <th></th> <th>Time Required (in minutes)</th> </tr> </thead> <tbody> <tr> <td>Speak Off The Cuff</td> <td>5~7</td> </tr> <tr> <td>Uplift The Spirit</td> <td>8~10</td> </tr> <tr> <td>Sell A Product</td> <td>10~12</td> </tr> <tr> <td>Read Out Load</td> <td>12~15</td> </tr> <tr> <td>Introduce The Speaker</td> <td>Entire Meeting</td> </tr> </tbody> </table>		Time Required (in minutes)	Speak Off The Cuff	5~7	Uplift The Spirit	8~10	Sell A Product	10~12	Read Out Load	12~15	Introduce The Speaker	Entire Meeting
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Adapted by Bruno Pereira, New Millennium Advanced Toastmasters Club, 9270 (May 2007)