

# “SIMPLY THE BREAST”

An English Public Forum to Address Breast Cancer Concerns



2 Oct 2004 (Sat), 2.00pm – 5.00pm  
Lecture Hall, Level 4  
National Cancer Centre  
11 Hospital Drive, Singapore 169610



## TOPIC HIGHLIGHTS:

### **LUMPS, HUMPS & BUMPS**

Myths & Truths about Common Breast Problems

*By: Dr Yong Wei Sean, Consultant, NCC*

### **NUTRITION IN BREAST CARE**

Finding A Balance – Keeping An Ideal Weight

Lower Breast Cancer Risk Through Diet

*By: Miss Chang Yok Ying, Principal Pharmacist, NCC*

### **SAY “I DO” to SCREENING and EARLY DETECTION**

Why is Screening and Early Detection important?

What happens when I go for screening? What happens when my x-rays show changes?

*By: Dr Koong Heng Nung, Senior Consultant, NCC*

### **BUSTING THE MYTH**

Tall Tales and Truths About Breast Cancer

*By: Dr Koong Heng Nung, Senior Consultant, NCC*

### **TREATING THE PROBLEM**

What you need to know about Breast Cancer Treatment

*By: Dr Wong Zee Wan, Associate Consultant, NCC*

**Take An Active Step To Breast Cancer Prevention Today!**

To register, call 6225 5655 / 6236 9432 / 6236 9434, Mon to Fri - 9am to 5pm

Admission Fees: \$5 (inclusive of refreshments)

Fees will be collected on the day of event.

**Sign Up Now!  
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while stocks  
last!**

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